



## SPA AVILA

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*Spa Avila* at Avila Lighthouse Suites offers exceptionally luxurious spa services in the comfort of your own room or at our tranquil Spa, exclusively for our guests.

Each spa indulgence provides a unique and unforgettable Avila Lighthouse Suites experience...whether your body aches for a time-honored ancient warm sea shell massage, an invigorating citrus body scrub, or a peaceful aromassage, we offer something for all our guests. Experience indulgent spa therapies alone, or with someone special.

**Toll Free: (800) 236-5153**

Spa services are available 8am-8pm daily

Advanced Reservations Recommended | [www.AvilaLighthouseSuites.com](http://www.AvilaLighthouseSuites.com), or simply dial the front desk

## Relaxing, Soothing Massage

90/60 min Lighthouse Signature \$185/135

An unequaled indulgent spa treatment, this full body massage replete with yielding, soft linens, exotic aromas, warm oils, and intuitive massage, is especially designed to comfort weary travelers, restoring and affirming holistic health and harmony. Welcome to the Avila Lighthouse Suites!

90/60 Pas de Deux Massage \$365/255

This unique treatment offers the amazing relaxation of two massage therapists working with one individual guest. The body completely relaxes as both therapists focus their skilled synergies to remove any stress or tension. If you love massage and would like to take your relaxation to the next level, this treatment is for you!

90/60 min Warm Sea Shell Massage \$185/135

Ancient, therapeutic oils glide over sore tired muscles using heated elemental Sea Shells to soothe the body into complete relaxation and a perfect state of harmony that continues through the day and night. An indulgent spa treatment designed to warm the body and soul. (Basalt stones also available)

30 min Stress Reduction \$75

Perfect for those looking to unwind when time is limited. Body work is focused on sore, aching muscles in the neck, shoulders, and lower back.

## Sensational Body Therapies

60 min Aroma Body Scrub \$135

Relaxing essential oil blends, and healing herbal aroma-exfoliants soften and renew the body, mind, and spirit, leaving the body relaxed and radiant. Rich, organic scents fill the room, delighting the senses, changing the mood, and invigorating the body. This unique treatment is perfect alongside any of our spa treatments. Indulge!

## Hand & Foot Indulgences

Pure Bliss Hand & Foot Reflexology

60 min \$125  
30 min \$75

The hands and feet are pathways to all internal body systems. Alone, or with any other spa treatment, the entire body is relieved of tension and deep relaxation is achieved with this wonderful hand & foot spa therapy. Highly skilled therapists combine warmed exotic oils following an invigorating, herbal scrub. You'll soon drift away into a deep state of relaxation. Unforgettable!

## Serenity Facial Therapies\*

90 min Indulgent Escape \$165

An indulgent, relaxing, and completely wonderful spa facial therapy using organic warmed essential oils and other rich, natural elements. Several complimentary aroma essences are synergistically combined to nurture the face, neck and shoulders. Includes an incredibly soothing hand and foot spa therapy. The ultimate in luxury and aromatics.

60 min Harmony & Balance \$125

One hour of pure bliss! Rare herbs and harmonious essential oils calm the body, mind and spirit. Layer upon layer of rich aroma essences are applied to the face and scalp, to increase relaxation and encourage a sense of harmony and well-being. Includes a delightful hand massage.

60/30 min Peace & Serenity \$125/75

This essential spa facial therapy, relaxes the face, neck and shoulders, and enhances a sense of peaceful serenity, calming the mind and delighting the senses. Includes a relaxing hand massage.

## Spa For 2

Requires advance reservations

90/60 min Massage for 2 \$365/265  
(Couples, Family, Friends)

60 min Maternity Massage \$135  
(2nd & 3rd Trimesters Only)

## Spa Packages

Avila Repose 2 hrs. \$265  
Any 2 60 min Spa Treatments

Avila Bliss 3.5 hrs. \$395  
90 min Full Body Aromassage  
60 min Aroma Body Scrub  
60 min Harmony & Balance Facial Therapy

Avila Lighthouse Suites  
Toll Free: (800) 236-5153



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24 hr cancellation required

\*Minimum 1 hr. or two 30 min. services per person  
\*Facial massage therapies are performed by certified massage therapists, are non-invasive, non-esthetic, and are solely for the purpose of relaxation and to increase a sense of well-being; they are not intended to treat, groom, correct, or improve any particular skin condition.