



# SPA AVILA

550 Front Street, Avila Beach  
Nestled beneath Avila Lighthouse Suites

Enter from 1<sup>st</sup> Street behind the Point San Luis Conference Room, stroll through the courtyard passing the fitness center to Spa Avila's white & turquoise doors.

## Massages

### \* The Avila Retreat

The Avila Retreat is a light to medium pressure integrated Swedish massage with aromatherapy of choice. Relaxing and calming your body, mind & soul.

60 minutes \$125 | 90 minutes \$155

### \* Warm Beach Stones

Warmed smooth beach stone massage, integrated into a deeper relaxation of tight muscles.

60 minutes \$135 | 90 minutes \$165

### \* Beach Body

Athlete's favorite, deep tissue-sports massage when you need more intense pressure to work your sore body into bliss.

60 minutes \$140 | 90 minutes \$170

### \* Soulmates

Side-by-side in the same room, two people enjoy a relaxing Avila Retreat massage together with warm massage oil and aromatherapy of choice.

60 minutes \$230 | 90 minutes \$290

### \* Mother Earth

The Mother Earth Massage is designed especially for the expectant mother. Gently comfort and soothe each side to relax and nurture.

\*Please consult your doctor prior to booking a prenatal massage.

60 minutes \$125 | 90 minutes \$155

### \* Moroccan-Argan Boho Hair & Scalp Treatment

Enjoy warm Argan oil massaged and brushed into your scalp and a relaxing neck and upper body massage. Argan is rich in Vitamin E, antioxidants, squalene and unsaturated fatty acids. It is nurturing inside and out and will give your hair and skin a natural glow. You will melt away with this hair and scalp treatment. Take home a free brush with your treatment.

30 minutes \$65 | 60 minutes \$95

## Body Scrubs and Wraps

### Halo Therapy

Our blend of sea salt & Himalayan salt infused in almond, grape seed and coconut oil, with a lovely blend of essential oils of geranium, ylang ylang, & rosemary. Exfoliates, buffs and detoxes the body to renew skin cell growth, giving your skin a tighter, youthful appearance and glow. End with a moisturizing cream massage leaving your skin feeling like silk.

90 minutes \$165

### Sugar In My Coffee Scrub

A mix of raw sugar and grounded espresso, blended in coconut oil, and geranium gently exfoliates and moisturizes dry skin. Enjoy lavender & lemon grass essential oils massaged gently all over your body. Finish with warm, moist towels infused with lavender oil and a light massage of warmed body butter, leaving your skin silky smooth.

\*Coffee increases circulation and helps reduce the appearance of cellulite.

90 minutes \$165

### **Barefoot Beach Amore**

Warmly soak those tired toes, then gently receive a sea salt scrub. Finish with a warm stone foot to knee massage with silky cream as you relax in our Zen Den.

30 minutes \$45 | 45 minutes \$65

### **Sirens Seaweed Wrap**

After a brisk exfoliating rub down, enjoy a warmed seaweed and essential oils full body massage. With body wraps, you are gently cocooned in a warming blanket while receiving a light facial. After 30-40 minutes, you are unwrapped and finish with warm essential oil infused towels and a moisturizing body butter massage.

\*Embrace the benefits of seaweed. Seaweed is full of protein, vitamins, minerals and lipids that easily soak into your skin to enrich, regenerate and detox your skin and body. Frequent sessions will help reduce the appearance of wrinkles, fine lines, scars, and stretch marks and can aid in the reduction of cellulite and loose skin after extreme weights.

90 minutes \$165 | Bi-monthly session membership \$275

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## *Facials*

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### **Avila's Fresh Breeze**

Gently cleanse and exfoliate with a seaweed mask. Then moisturize and hydrate with warmed wet towels and essential oil infused steam.

40 minutes \$75 | 60 minutes \$95

### **Repêchage® Four Layer Facial**

Experience layer upon layer of pure European seaweed to rejuvenate, tone and renew the skin dramatically.

Layer 1: Seaweed filtrate softens lines and adds moisture to help rebalance and tone your skin.

Layer 2: Hydrating formula helps improve circulation and elasticity.

Layer 3: Fresh seaweed mask cools, soothes and hydrates the skin, improving its tone & clarity.

Layer 4: Lastly, the mineral mask activates all the lovely seaweed properties beneath it.

90 minutes \$175

### **Facial Add-Ons**

Facial toning and contouring with Micro-Current Technology is a natural, non-invasive, anti-aging solution. Micro-current Technology mimics the skin's natural current and goes beyond the surface to tone and reduce fine lines & wrinkles.

Add to "Avila's Fresh Breeze" \$35

High Frequency Treatments reduce the appearance of stubborn acne, fine lines, dark circles and enlarged pores. It rejuvenates the condition of the scalp and nourishes hair follicles.

Add to "Avila's Fresh Breeze" \$35

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## *Waxing Services*

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Full body waxing services for men and women.

Bikini's, Brazilian's & Manzilian's.

\*Prices will vary depending on volume of growth and regularity of sessions. Face to face consultation with licensed Esthetician prior to your first waxing services. All waxing clientele must be over 18 years old.

\$20-\$175

For appointments: call or text 805-400-8693

Open 9am - 6pm daily by appointment

All appointments require authorization with valid credit card and will be billed after services. Cancellation or no shows within 24 hours of service will be billed in full.

Payments for services can be billed to room or via credit card or cash. We do not except checks.

\* In-Room Spa Services incur a \$20 upcharge and 20% gratuity.

